

# Heidi Marie Wien

13. November - 7. December 2025

## *Undergrowth*

In this exhibition, Heidi Marie Wien presents a series of landscape paintings with motifs taken from the area around Østensjøvannet in Oslo. The paintings revolve around observations of everyday activities in the area, such as jogging, walking, wildlife, bird watching and voluntary work. Some of the inspiration comes from the volunteer group Østensjøvannets Venner (Friends of Østensjøvannet), in which the artist herself has participated, that works to protect and maintain Østensjøvannet and the surrounding natural and cultural landscape. The group meets weekly to remove unwanted plant species and trees, prepare the islands for birds, promote biodiversity and prevent overgrowth.

In several of the paintings, the spectator is standing behind individuals as they gaze out over the landscape. Clothes, backpacks and equipment stand out as markers of the present day. All-weather jackets and sportswear, with their bright colors of blue, pink and red, contrast with nature's palette of earth tones and greens. Just as the figures with their backs turned are unrecognizable, we also do not recognize the various plants in the wilderness.

Wien describes varying structures and forms in the wetland vegetation with light and precise strokes. The painting process is intuitive and direct. The high moisture content in the paint makes the surfaces appear organic and alive, as if the color has a life of its own. The acrylic paint is applied in several transparent layers, giving the colors depth and light. Despite their strong color intensity, this gives the paintings a mysterious touch. The paintings do not draw conclusions, but open up thoughts about nature and humanity's interaction with it.

*Heidi Marie Wien is trained at the Oslo Academy of Fine Arts and works with painting, sculpture and installation art. She lives and works in Bøler, Oslo.*

*She has previously had solo exhibitions at the Peder Balke Centre in Toten, LNM in Oslo, Trafo Kunsthall Asker and the Carl Berner project room in Oslo. She has also participated in the Autumn Exhibition and the Eastern Norway Exhibition.*

*In addition to her own work, she collaborates with visual artist Kine Lillestrøm. Together, they have had exhibitions at Østfold Kunstnersenter, Galleri BOA and F15 in Moss, and they have created the murals Atlas at Veitvet School in Oslo.*

*Wien has been purchased by the Oslo Municipal Art Collection, Østre Toten Municipality, Telemark Central Hospital and St. Olav's Hospital in Trondheim.*